



APPENDIX TO DIPLOMA (*)



1. EXAMENSBEVISETS BENÄMNING

Kvalificerad Yrkeshögskoleexamen

Hälsoterapeut

SUN-kod: 813z

Tjänster - Personliga tjänster - Idrott och friskvård - Idrott och friskvård

2. TRANSLATION OF DIPLOMA TITLE

Advanced Diploma in Higher Vocational Education

Health therapist

SUN code: 813z

Services - Personal services - Sport and physical welfare - Sport and physical welfare

This translation has no legal status

3. SKILLS AND KNOWLEDGE PROFILE

The holder of this document has

- Knowledge of life-saving first aid, ABC (Airways, Breathing and Circulation), CPR (Cardiopulmonary Resuscitation) and CPR using a defibrillator - all of these for all ages.
- Knowledge of health and wellness from a holistic perspective, health counselling, stress, stress management and stress-related problems, basic medical knowledge of the body's structure and function as well as its pathologies, hygienic working methods, ergonomics, physical training methods, basic dietetics and nutrition, hydrotherapy and the effects of water, and the ability to carry out scientific work.
- Skills in working preventively, receiving customers and clients with emotional qualities, drawing up individually adapted training programmes, managing conflicts, practising entrepreneurship and developing sales.
- Skills in giving various massage treatments such as tactile massage, classic massage, facial massage/holistic facial massage, partial body massage for diagnostic and therapeutic purposes, applied trigger point treatment and therapeutic stretching and all common spa treatments.
- The ability to express oneself in job-related English, orally and in writing, and to plan and implement counselling in diet, health and lifestyle, to apply the significance of touch, be a pedagogic leader, and organise and lead sessions on mental training methods.

4. PROFESSIONS AVAILABLE FOR HOLDERS OF THE DIPLOMA

Independent work under municipal and private management as health counsellor, health inspirer, health therapist, wellness training instructor, massagist at health centres, company health services, wellness centres and wellness associations.

5. OFFICIAL STATUS OF THE DIPLOMA

Name, status and address of the institution awarding the diploma	Name, status and address of the public authority issuing the entitlement to award a diploma to education providers
	The Swedish National Agency for Higher Vocational Education Postal Address: Box 145, S-721 05 Västerås www.yhmyndigheten.se
Diploma Level (national or international designation)	Grading Scale
NQF/EQF: <i>scale not yet established</i> ISCED – scale: 5B	Fail (Icke Godkänt - IG) Pass (Godkänt - G) Pass with Distinction (Väl godkänt - VG)

6. OFFICIALLY RECOGNISED MANNER OF OBTAINING THE DIPLOMA

Description of vocational education and training received	Per cent of whole programme (%)	Length (hours/weeks/months/years)
• College/education centre		weeks
• Placement – Learning in a work environment		weeks
Total teaching/study duration resulting in diploma		weeks/years
<p>Further information</p> <p>A higher vocational programme may be of 200 vocational credits, equivalent to one full academic year, or 400 vocational credits, corresponding to two full academic years. If the criteria in Chapter 2, Section 13 of the Ordinance (2009:130) on higher vocational education are fulfilled, a Diploma in Higher Vocational Education is obtained. If the criteria in Chapter 2, Section 14 of the Ordinance (2009:130) on higher vocational education are fulfilled, an Advanced Diploma Higher Vocational Education is obtained.</p> <p>Entry requirement is successful completion of upper secondary education.</p> <p>For more information on higher vocational education, please visit the website of the Swedish National Agency for Higher Vocational Education: www.yhmyndigheten.se</p>		

(*) Explanatory notes

This document is intended to provide additional information about the specified diploma and has no legal status in itself. It is based on Council Resolution 93/C No. 49/01 of 3 December 1992 on the transparency and clarity of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency and clarity of vocational education certificates, and the European Parliament and Council Recommendation 2001/613/EC of 10 July 2001 on mobility within the Union of students, persons undergoing vocational training, volunteers, teachers and educators.

Further information on transparency and clarity may be obtained from: www.cedefop.eu.int/transparency

© European Communities, 2002