



CERTIFICATE SUPPLEMENT (*)



SWEDEN

1. CERTIFICATE TITLE

Kvalificerad Yrkeshögskoleexamen

Medicinsk Massageterapeut

2. TRANSLATION OF CERTIFICATE TITLE

Advanced Higher Vocational Education Diploma in

Medical Massage Therapist

This translation has no legal status

3. SKILLS AND KNOWLEDGE PROFILE

The holder of this document has

- Knowledge of the human body's structure, function and physiology with emphasis on the musculoskeletal anatomy and physiology.
- Knowledge of problems, injuries, and disorders of the musculoskeletal system.
- Knowledge of general pharmacology.
- Knowledge of the therapeutic effect of massage.
- Knowledge of proper assessment tools for evaluating the status and health of individuals.
- Knowledge of strength training, cardio and functional training and the design of advanced individual training programmes.
- Knowledge of nutrition, the importance of diet for good health and nutrition advice.
- Knowledge of coaching methods and leadership.
- Knowledge of ergonomics and the work environments influence on health issues.
- Skills in administering treatments with classic Swedish massage, therapeutic stretches, tests and examinations.
- Skills in performing rehabilitative measures and emergency care on injuries.
- Skills in performing health tests for individuals and groups.
- Skills in performing and instruct in CPR.
- Skills in performing dietary analyses and providing dietary advice within the context of wellness.
- Competence to work as a massage therapist, providing both preventive and rehabilitative treatments that are tailored to the client's individual needs.
- Competence to instruct, motivate and coach/guide the client to set goals within fitness and health.
- Competence to use a holistic approach when assessing individuals' condition and health, and in providing individual advice regarding training, treatment or referral to other professionals.
- Competence to run a business in the health sector.
- Competence to analyse health tests both for individuals and for groups and also to suggest treatments, training programs and rehabilitation programs based on the analysis.

4. PROFESSIONS AVAILABLE FOR THE HOLDER OF THE CERTIFICATE

Medical Massage Therapist, Massage Therapist, Personal Trainer, Health Coach

5. OFFICIAL STATUS OF THE CERTIFICATE

Name and address of the awarding institution	Name and address of the public authority issuing awarding entitlement to education providers
	The Swedish National Agency for Higher Vocational Education Box 145, 721 05 Västerås Sweden www.myh.se
Diploma level (national or international designation)	Grading scale
SEQF/EQF:	Fail (Icke godkänt - IG) Pass (Godkänt - G) Pass with Distinction (Väl godkänt - VG)

6. OFFICIALLY RECOGNISED MANNER OF OBTAINING THE DIPLOMA

Description of vocational education and training received	Per cent of whole programme (%)	Length (weeks)
• College/education centre		weeks
• Placement – Learning in a work environment		weeks
Total teaching/study duration resulting in diploma		weeks
Further information		
The Higher Vocational Education Diploma requires a minimum of a Pass (Godkänt) in all courses. Five HVE credits correspond to one week of full-time studies.		
A Higher Vocational Education Diploma is awarded if the study programme comprises a minimum of 200 Higher Vocational Education credits (HVE credits).		
An Advanced Higher Vocational Education Diploma is awarded if the study programme comprises a minimum of 400 HVE credits, at least one quarter of programme time is spent on student placement, and the student has completed an independent project.		
Entry requirement is successful completion of upper secondary education.		
For more information on higher vocational education, please visit the website of the Swedish National Agency for Higher Vocational Education: www.myh.se		

(*) Explanatory notes

This document is intended to provide additional information about the specified diploma and has no legal status in itself. It is based on Council Resolution 93/C No. 49/01 of 3 December 1992 on the transparency and clarity of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency and clarity of vocational education certificates, and the European Parliament and Council Recommendation 2001/613/EC of 10 July 2001 on mobility within the Union of students, persons undergoing vocational training, volunteers, teachers and educators.

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